

Revised

06-2020

Quitman School District Child Nutrition Program 2021-2022 School Year

Dear Students and Parents,

The Quitman School District Child Nutrition Office welcomes you back to a new school year. We are looking forward to serving you Breakfast and Lunch in the upcoming months.

School meals, breakfast and lunch, are free to all QSD students. We are looking for meal services to be as normal as possible. Most likely we will continue to offer "Grab -n- Go "breakfast so that all students can start the day with the needed energy and nutrients that breakfast provides, but can also get into the classroom in a timely manner.

Students were not required to use the meal identifier (lunch number) last year; however this year we will be transitioning *back to using the lunch number when students pick up their meals*. Student lunch numbers have not changed unless a student left the district during the last school year. Do not worry, we have your number and your teacher (for the Lower grades) will have a roster.

MySchoolBucks is an application that parents can utilize to monitor students' accounts. Parents can create an account to view transactions and deposit money in the account. The fee (\$2.75) associated with this feature is not decided by QSD. There is a one time fee that can be used in place of the per-transaction fee. Depositing money would be so that a student may buy extra food items without slowing down the line. The sale of extra food items in the cafeteria will be very limited at the beginning of the year, but we are hoping to offer more food choices so that students have options for their meals.

There are menu item requirements associated with the SSO as well as the NSLP. The menu offered must include all five food groups/components daily at lunch. The groups are Meat, Milk, Fruit, Vegetable and Grains. Students may choose all five food components/items but must have at least 1 full serving of fruit or

vegetable plus two other items to count. The menus for lunch also must include certain vegetable groups; i.e. dark green vegetables, red/orange vegetables, beans/legumes and whole-grain enriched bread products. The cafeteria is not allowed to serve certain items to students, i.e. sodas of any kind, candy or candy bars, extra desserts.

Students that bring a lunch from home are still eligible to pick up a meal in the cafeteria at no cost. However, students must pay for milk if they choose not to pick up a complete meal first.

Again, *all Students may eat Breakfast and Lunch free this coming school year.* No meal application is required.

The Child Nutrition Department is ready for the Panthers to be back on campus and in the cafeterias!

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This institution is an equal opportunity provider.