

Quitman School District

February 2024 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		Black History Month "Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that." Martin Luther King Jr. 	1 Waffles  Nacho Supreme Ham and Cheese Wrap Garden Salad Seasoned Pinto Beans Mandarin Oranges Juice	2 Chicken Biscuit Hamburger Tuna Salad Sandwich French Fries Tomatoes w/dip Fruit Cocktail Juice
5 Pancake on a Stick  Beef Tips over Rice Corndog English Peas Seasoned Cabbage Chilled Fruit Juice Cornbread	6 Mini Cinnis Chicken Alfredo Tuna Salad on Croissant Black-eyed peas Garden Salad Chilled Fruit Juice Honey Wheat Roll 	7 Waffles Grilled Chicken Sandwich Ham & Cheese Wrap Sweet Potato Fries Cucumber slices w/ dip Chilled Fruit Juice	8 Grits and Cheese Omelet Chicken and dumplings Patty Melt Green beans Glazed carrots Chilled Fruit Juice	9 Chicken Biscuit  Pizza Chef Salad Garden Salad Whole Kernel Corn Chilled Fruit Juice
12  Parent Conference Day	13 Poptarts BBQ Chicken Chunks Tuna Salad on Croissant Coleslaw Black-eyed peas Chilled Fruit Juice Honey Wheat Roll	14 Breakfast Bread BBQ Pulled Pork Turkey & Cheese Wrap Potato Salad Baked beans Chilled Fruit Juice 	15 Breakfast Bagel Lasagna Chef Salad Steamed Broccoli Seasoned Carrots Chilled Fruit Juice Garlic Toast	16 Sausage Biscuit  Hamburger Manager's Choice French Fries Tomatoes with dip Chilled Fruit Juice
19 Pancakes Tacos Turkey & Cheese Wrap Whole Kernel corn Seasoned Pinto Beans Chilled Fruit Juice	20 Fruit Frudel Italian Meatball Sub Chicken Quesadilla Green Beans Garden Salad Chilled Fruit Juice 	21 Breakfast Pizza Hotdog Ham & Cheese Hoagie Tater Tots Black eyed peas Chilled Fruit Juice	22 Breakfast Burrito Chicken Spaghetti Chicken Salad Croissant Broccoli w/dip California Veggies Chilled Fruit Juice Honey Wheat Roll	23 Chicken Biscuit Pizza Chef Salad Garden Salad Carrots w/dip Chilled Fruit Juice 
26 French Toast Stix Chicken Nuggets Turkey & Cheese Wrap Mashed Potatoes Green peas Chilled Fruit Juice 	27 Muffin and Yogurt Stromboli Corn Dog Nuggets Garden Salad Potato Wedges Chilled Fruit Juice	28 Breakfast Bread Chicken Patty Sandwich Beef Burrito Baked Beans Tomatoes w/dip Chilled Fruit Juice	29 Belgium Waffles BBQ Baked Chicken Chicken Salad Croissant Black-eyed peas Quick baked potato Chilled Fruit Juice Garlic Toast	Lunch has 5 items: 1. meat/protein 2. bread/grain 3. fruit 4. vegetable 5. milk Students must choose at least 3 food items 1 of those must be a fruit or a vegetable. A variety of milk is served at every meal

Menu subject to changed based on availability. This institution is an equal opportunity provider.

National Heart Month