# Quitman School District March 2024 Menu 

Adult Meal Prices: Breakfast-\$2.40 Lunch-\$4.25


| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| National Sc Week | ol Breakfas $\dagger$ arch 4-8. | Did You Know Breakfast Boosts Brainpower? <br> Research has shown that eating a balanced breakfast increases concentration. memory and energy! | Lunch has 5 items: <br> 1. meat/protein <br> 2. bread/grain <br> 3. fruit <br> 4. vegetable <br> 5. milk <br> Students must choose at least 3 food items 1 of those must be a fruit or a vegetable. <br> A variety of milk is served at every meal | Chicken Biscuit <br> Hamburger Tuna Salad Sandwich French Fries Cheesy Broccoli Chilled Fruit Fruit Juice |
| 4 <br> Sausage Pancake on a stick <br> John Wayne Casserole Grilled Chicken Sandwich Glazed Carrots Black-eyed peas Chilled Fruit Honey Wheat Roll | Mini Cinnis <br> Chicken Nuggets <br> Turkey \& Cheese Wrap Mashed potatoes w/gravy Green peas Chilled fruit Fruit Juice | Dutch Waffle <br> Chicken Patty Sandwich <br> Beef Burrito w/cheese sauce Baked beans Celery w/dip Chilled Fruit Fruit Juice | $7$ <br> Breakfast Bagel <br> Seasoned Baked Chicken BBQ Rib Sandwich Turnip Greens Cheesy Potatoes Chilled Fruit Fruit Juice | 8 <br> Sausage Biscuit <br> Hamburger Manager's Choice French Fries Tomatoes w/dip Chilled Fruit Fruit Juice |
| $11$ |  |  | $15$ | $15$ |
| 18 Pancakes Spaghetti Chicken Salad Croissant Black-eyed peas Green beans Chilled Fruit Fruit Juice Garlic Toast | $19$ <br> Frudel <br> Mandarin Chicken w/ fried rice Grilled Chicken Sandwich Glazed carrots Broccoli Chilled Fruit Roll | $20$ <br> Breakfast pizza <br> BBQ Chicken Sandwich <br> Ham and Cheese Hoagie <br> Baked Beans <br> Black Eyed Peas Chilled Fruit Fruit Juice | $21$ <br> Breakfast Burrito <br> Nacho Supreme Country Fried Steak Sandwich Quick Baked potato Cucumber w/dip Chilled Fruit Fruit Juices | 22 <br> Sausage biscuit <br> Pizza <br> Manager's choice Garden Salad Whole Kernel Corn Chilled fruit Fruit Juice |
| 25 | 26 | 27 | 28 | 29 |
| French toast sticks | Yogurt and Muffin | Breakfast Bread | Chicken Biscuit |  |
| Cheesy Chicken over Rice <br> Patty Melt <br> Seasoned Green Beans <br> Glazed Carrots <br> Chilled fruit <br> Fruit Juice <br> Roll | Sloppy Joe <br> Turkey and Cheese Wrap Whole Kernel Corn Broccoli Salad Chilled Fruit Fruit Juice | Corn dog Grilled Chicken Sandwich <br> Baked Beans <br> Tater tots <br> Chilled Fruit <br> Fruit Juice | Hamburger <br> Tuna Salad <br> French Fries <br> Tomatoes w/dip <br> Chilled fruit <br> Fruit Juice | Friday |

